

# Westfields JUNIOR SCHOOL

## Summer Surprise Physical Challenge Fitness Monopoly!

This Summer, get the whole family involved with our Westfields Summer Surprise game of Fitness Monopoly!

The rules are as follows:

1. Take turns rolling the dice, moving your game piece and completing the activity in the square.
2. When your piece gets around to the START, get a drink of water and give yourself 10 points!
3. YOU decide when the game ends – how many rounds can you achieve?

There will be a **board game of Honour** (list of participants) and a certificate for everyone who completes the challenge, so please hand in your completed forms to your new class teacher once you return to school in September. Have a wonderful holiday and remember to stay active!

*(Want an extra challenge? Why not create your own physical board game and bring it in to show us in September?)*

