



The Easter Chick Egg-Laying Challenge!



This Easter, our Westfields Easter Chick is laying an egg for each day of the holiday! Inside each egg, you will find a different daily challenge! Can you complete all of the Easter Chick's challenges which can be completed inside or outside (with parent permission)? Once you have completed the challenge, you can colour in the egg and record how you got on. Perhaps you could send us a photo (via the school email or ClassDojo) of you completing your challenges? There will be an **Egg of Honour** (list of participants) and a certificate for everyone who completes the challenge, so please hand in your completed forms to your class teacher by **Friday 23rd April 2021**. The Westfields Easter Chick wishes you good luck!

How many bunny hops can you complete in 2 minutes?

How many star jumps can you complete in 2 minutes?

How many burpies can you complete in 2 minutes?

How many sit ups can you complete in 2 minutes?

How many squats can you complete in 2 minutes?

How many lunges can you complete in 2 minutes?

How many bunny hops can you complete in 3 minutes?

How many star jumps can you complete in 3 minutes?

How many burpies can you complete in 3 minutes?

How many sit ups can you complete in 3 minutes?

How many squats can you complete in 3 minutes?

How many lunges can you complete in 3 minutes?

How quickly can you complete: 20 bunny hops?

How quickly can you complete: 30 star jumps?

How quickly can you complete: 10 burpies?

How quickly can you complete: 10 sit ups?

How quickly can you complete: 20 squats?

How quickly can you complete: 20 lunges?