

# YOUR SCHOOL PICNIC MENU



A balanced selection of carbohydrates, protein, fresh fruits and vegetables.

## MONDAY

Pork sausages in a roll  
or  
Cheese sandwich

Pasta salad

A selection of veg sticks  
and fruit

Pudding

## TUESDAY

Ham roll & Mini sausage roll  
or  
Macaroni cheese and garlic  
bread

A selection of veg sticks  
and fruit

Pudding

## WEDNESDAY

Chicken roll  
or  
Pizza

Pasta salad

A selection of veg sticks  
and fruit

Pudding

## THURSDAY

Tuna roll  
or  
Vegetarian sausages in a roll

Cheese square

A selection of veg sticks  
and fruit

Pudding

## FRIDAY

Fish finger roll with  
cheese straw  
or  
Tomato pasta with garlic  
bread

A selection of veg sticks  
and fruit

Pudding



COMPLETELY



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Hampshire  
County Council

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