

Type of illness	NHS recommended period to be kept away from school	NHS further advice/comments
Diarrhoea or vomiting	24-48 hours since last episode.	This may vary in each case, please contact school for further advice.
Flu	Until recovered.	
Whooping cough	Five days from commencement of antibiotics or 21 days from onset if no antibiotic treatment.	After treatment non-infectious coughing may continue for many weeks. Vaccination is available.
Conjunctivitis	None.	
Head lice	None if the hair has been treated.	Recommend use of proprietary hair conditioner combed through the hair with a nit comb.
Mumps	Five days from onset of swelling (vaccination).	Mumps in teenage children can cause other serious medical complications.
Thread worms	None.	Treatment is required for the child and household contacts.
Tonsillitis	None.	There are many causes, most are due to viruses and do not need antibiotics.
Chicken pox	Five days from onset of rash or until spots are crusted over – common March to May.	Chicken pox can effect pregnant women if they have not already had the infection – please call school.
Cold sores	None.	Avoid contact with the sores.
German measles	Five days from the onset of rash can be vaccinated against.	If pregnant women or children under 13 months come into contact with German measles they should inform their GP immediately. Please call school.
Hand, foot and mouth	None.	
Impetigo	Until lesions are crusted and healed or 48 hours after starting antibiotics.	Antibiotics can speed the healing process and reduce the infectious period.
Measles	Four days from the onset of rash.	If a pregnant woman comes into contact with German measles she should inform her GP immediately. Please call school.
Slapped cheek	None – most cases are caught late winter – early spring.	Pregnant women, people with weak immune systems or blood disorders who come into contact with Slapped cheek should contact their GP. Please call school.
Warts and verrucae	None.	Verrucae should be covered in swimming pools, gyms and changing rooms.

For more advice visit please: www.nhs.uk/Livewell/Yourchildatschool/Pages/illness.aspx.

Westfields

JUNIOR SCHOOL



Attendance Matters!

‘Every Day Counts!’

Why is it so important that your child attends school regularly ?

At Westfields Junior School we highly value the children's consistent attendance and aspire for all pupils to maintain 100%. However, we also recognise that this is not always possible due to illness but we hope that this booklet will provide some additional support and guidance to promote good attendance.



Finally – remember to phone the school (01252 408218) as early as you can for any absence but definitely before 9.30am to confirm the reason and date of return to school.

Support your child to catch up on work missed.

Please note regulations for schools give the Headteacher the right to consider whether to accept the parent/carers position with regard to medical absence – and may decide to unauthorise these absences.



Catch it, bin it, kill it!

As ever, if you have any concerns or need any support in relation to attendance, please do not hesitate to get in touch for advice.



Please visit the website if you would like further details:

<https://www.gov.uk/topic/schools-colleges-childrens-services/school-behaviour-attendance>

Long term or chronic medical conditions

Please talk to us if your child has a chronic or long term illness as there are a number of ways your child can maintain some education – such as hospital schools or teaching services, home teaching and education centres. We will always aim to support your child in being able to continue some form of education.

We will endeavor to work closely with you and your child to ensure that we maintain the right balance to support your child in keeping up, whilst checking the type and amount of school work that your child does is appropriate for them and their medical condition.

Did you know that of pupils who miss between 10% and 20% of school:

Only **35%** manage to go on and achieve **five A* to C** GCSEs including English and Mathematics, compared to **73%** of pupils with **over 95%** attendance.

Only **66%** of pupils gained a Level 4+ in English or Mathematics at Key Stage 2, compared to **87%** of pupils with over **95%** attendance.

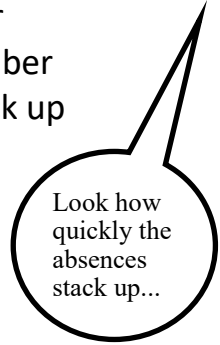
Why is attendance important?

They say ‘every day is a school day’ and we certainly value every day at Westfields Junior School. Attendance is key to ensuring your child receives the best education that we can provide and as the timetable is such a busy one, every day is an important one. You have received your child’s current attendance rate, to put your child’s attendance figures into context here is an example:

Liam is in Year 4 and his attendance rate at school is always around 90%. Liam and his family think this is pretty good! If Liam continues to attend for only 90% of the time, then over five years he will miss the equivalent of about one-half of a school year.

90% attendance for Liam = 20 days absence (four whole weeks of school missed)

- Two days sore throat – September
- Five days cold and cough – December
- Two days dentist – six month check up
- One day Christmas shopping
- One day upset stomach – March
- Two days high fever/virus – June
- Five days unauthorised holiday
- One day birthday treat
- One day – two doctors appointments



Look how quickly the absences stack up...

Should my child stay home from school?

Parents often ask us if their child should be in school. If your child has no temperature but has a cough, cold, headache, earache then as with adults, medical advice is to give them paracetamol (eg. Calpol) and send them to school. Please be assured that we will always contact you if your child's condition worsens or if we believe their symptoms are contagious, such as chicken pox or vomiting.

Preventing or minimising illnesses – it can be done!

One way to lessen the number of days your child needs to stay at home is to prevent the illness in the first place. Childhood immunisations can prevent many diseases, such as measles, mumps, and chicken pox. Many illnesses can also be prevented through proper hygiene.

Some hygiene reminders for your children:

- not to share food
- not to share drinks
- not to share clothing
- to throw away used tissues
- to wash hands frequently using soap and hot water

There are **two** attendance sessions every day and missing school for a whole day counts as two absences so ...

Medical/dental/optician appointments

Whenever possible please make all medical appointments at the end of the school day or ideally outside of school hours. If an appointment is made in school time your child should come to school first and/or return after their appointment. Please be aware that the absence or illness of a pupil should not affect the education of their siblings. If a pupil has an appointment (particularly at the beginning or end of the school day) arrangements should be made to ensure that any other siblings are either dropped off or collected from school on time.

Lack of sleep

If your child has been ill in the night and has had broken sleep, please consider sending them into school in the afternoon once they have rested. Your child may feel better and they will have the chance to join their friends and find out about learning and homework missed.

Absent, but able to learn

If your child is absent due to a long term or contagious illness but is able to work at times, please contact us to request some work related to the lessons they will miss.

Our school policy on illness is based on direct advice and guidance from the Department for Education (DfE).

The DfE rule of thumb is, *“Would the ailment keep parents/carers and teachers away from work?”*